

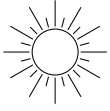


Family Team Meeting

- Print a copy of the Family Team Meeting for everyone in the family.
- Everyone can write or draw pictures in response to each of the headings.
- Some conversation starters:
 - What are you proud of from the past week? When did you feel happy?
 - When did you feel sad this week? What did you find challenging?
 - What meals should we make this week? Which meal will you help fix?
 - What is your favorite chore? Is there a particular project you'd like to do to help the family? Do we want to make a plan to do a chore-of-the-day together? Have a power hour cleaning session on Saturday?
 - Looking to the week ahead, can the family do anything to support you? Cook you a big breakfast one day? Spend some special 1:1 time with you?
 - Look through the [Pick a Project page](#) on the Doing Good Together website or the latest Family Volunteer Listing email (if you're located in [the 10 cities](#) where the listings go out).
- After you're meeting, do something fun together! Play a game, play outside, or go out for ice cream!



Family Team Meeting



A Joy
from the Last Week



A Challenge
from the Last Week



Meal You'll Help Fix



How You'll Help the
Family this Week



How Our Family Can
Support Me this Week



Kindness You'll Share
Outside Our Home