



CULTIVATE GRATITUDE

Transform your family's abundance into a colorful paper garden.

- **First, decorate your garden:** Color the garden fence below and glue or tape it to a clean tin can or a cracker box with the top half cut off.
- **Second, paint stems:** Use cardboard strips from a cracker box or popsicle sticks. Paint them green.
- **Third, cut petal shapes.** Use the template below or free-hand your own simple petal shapes. Cut them out of a variety of beautiful paper. Magazines, reused wrapping paper, or newspaper print work, as well as construction and scrapbook paper.
- **Fourth, reflect:** *What are you grateful for?* Write one thing on each petal. Glue the petals onto your stems to create colorful flowers.
- **Display and cultivate!** Place your garden somewhere nearby, along with any leftover petals and stems. Remember to add to it from time to time, perhaps after family dinner or during a weekend morning.

