

Need a Kind Word? Take one! Pass it on.

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"You alone are enough. You have nothing to prove to anybody." - Maya Angelou

"I am only one, but I am one. I can't do everything, but I can do something. The something I ought to do, I can do." - Edward Everett Hale

"Never think that what you have to offer is insignificant. There will always be someone out there that needs what you have to give." - Unknown

"Gratitude is one of the sweet shortcuts to finding peace of mind and happiness inside. No matter what is going on outside of us, there's always something we could be grateful for."

-Barry Neil Kaufman

"Promise me you'll always remember: You're braver than you believe, and stronger than you seem, and smarter than you think."

- A. A. Milne, Christopher Robin to Pooh

"Love is the great miracle cure. Loving ourselves works miracles in our lives."
- Louise L. Hay.

"Trust yourself. Create the kind of self that you will be happy to live with all your life. Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement."
- Golda Meir

Take a
Compliment.
Pass it on!

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Seven vertical dotted lines for writing a compliment.